

## **Misalignment of Legs**

Nature of problem: The knees were injured more 10 years ago without proper treatment She suffered severe pain and her leg had been misaligned for several years. Her spine is also affected and had multiple sclerosis. She walks with a limp.

Name of patient: Janet

Gender: Female

Age: 40

Treatment period: Six treatment sessions over four weeks.

Treated by: Connie Lee Yoke Kwan

Treatment records:

Connie Lee treated the patients for six sessions over four weeks. The conditions have improved and according to patient it is almost 80% recovered.

- Session #1 – realignment of her spine, hip and her knees
- Session #2 – after first session, patient felt relieve on both her legs. When she walks her limps shows improvement. Treatment for second session last about 20 minutes.
- Session #3 – after second treatment, pain further reduced and she felt her spine has straightened and looks “taller”. Treatment for third session last about 20 minutes.
- Session #4 – after third treatment session, patient felt the condition on both her legs has improved further; the pain is more tolerable and feels lighter. Fourth, fifth and sixth session was done focusing primarily on her right leg as well as her left leg. On going treatment is still being planned for her to help her to improve her movements.

Appendix:



Before Treatment



After 6 treatments

## **Bleeding after Intracranial Evacuation**

Patient : Angela Iorfino

Gender : Female

Age : 51

Date : 18/01/08 – 1840 hours

Location : Neurology Ward – Austin Hospital, Melbourne Australia

Treated by : Dr. Kenny Ng (WMQ Practitioner)

### **Case description**

Mrs. Iorfino had an intracranial evacuation 2 days ago following a bleed in the brain. She had stitches on her scalp on the L occipital region that was removed about 6 hour prior to my attention to her. I was called to see Mrs. Iorfino as she continued to bleed from an unhealed site where the stitches were removed earlier that day. She had continued to bleed for the last few hours requiring nursing staff to change the blood-soaked wound dressings 4 times. Blood was oozing out non-stop that I could not even see the skin opening clearly. I asked the nurse to prepare the stitching material whilst I continue to apply pressure over the bleeding site. With my R hand applying pressure, I started to treat her with my L hand.

### **Treatment approach**

I began by sweeping along the inner orbit from back to front passing through her head and site of bleeding. Later on, I started to energize until the bleeding stop, and stabilize over the gauze in my treating hand.

### **Results**

Her scalp's bleeding began to slow down and the 0.5cm wound was apparent to my eyes. As I continued to treat her, a total time of < 10 minutes, her bleeding stopped completely and I asked the nurse to throw away all the stitching material that was prepared. A wound dressing was re-applied and 1+ hour later, I revisited Mrs. Iorfino and she had not bled anymore. It was amazing!

## **CANCER CASES**

### **SAMPLE CANCER CASES USING WMQ TECHNIQUES**

Medical Qigong is being recognized as an effective complementary therapy for Cancer treatment. In China and many other countries like USA, there are many success cases. Our (WMQ) experience over the years witness amazing result for such approach. Below are a few sample cases extracted from our record, for patient confidentiality, the patient's name is not listed:

#### **4<sup>th</sup> stage Lung and Lymphoma**

##### **Brief Case Description:**

Male, 77 years old. He was told to be able to live for 4 months. Due to the age patient, decision was make not to undergo Chemo.

##### **Treatment Summary;**

Patient CEA marker was 800+ at the beginning of the treatment. He starts with 3 times a week WMQ treatments for 2 weeks and reduce to 2 times a week for 3 weeks follow by once a week. The patient was taught WMQ and Healing Sounds Qigong. He practices 3 to 5 sessions a day. He responded to the treatment very well and treatment reduced to once in 2 weeks and than once a month.

##### **Result:**

After 20 treatment sessions over period of 5 months, the test result shows that he is almost free from Cancer and the CEA marker reduced to 3.0.

#### **4th stage Lung and heart lining**

##### **Brief Case Description:**

Male, 51 years old. He starts his WMQ treatment mid way during his chemo therapy.

##### **Treatment Summary:**

WMQ is use as complementary therapy to reduce the side effect on the chemo therapy, improve his immune system and recovery. Besides treatment, patient is taught and practice Wellness Qigong and special exercise using sound vibration to enhance his lung.

##### **Result:**

Minimum side effects. Progress very well.

#### **Breast cancer**

##### **Brief Case Description:**

Female, 52 years old. Patient completed mastectomy and chemo therapy. The follow up test and scan shows Lymph nodes affected & few new spots in liver. Patient was asked by specialist to take a break and monitor the progress before recommendation on further treatment.

**Treatment Summary:**

Patient seeks WMQ treatments during the “waiting period”. She was given a total of 10 WMQ treatment sessions and patient was taught relevant WMQ exercises to practice at home.

**Result:**

Test and scan shown excellent results. No trace of cancer at all. The CEA=0.6, CA125=8, CA15.3=20.

**4th stage Lung and bone of Shoulder, Rib and Hip****Brief Case Description:**

Male, 34 years old. He was told he would be able to live for another 3 months. He under going chemo and radiation therapy.

**Treatment Summary:**

Patient seeks WMQ as complementary therapy. A total of 8 WMQ treatment sessions for phase one treatment. Patient practice relevant WMQ exercises daily.

**Result:**

Scan and test shows that the size of lung tumor reduced. Bone condition remained, no new spot developed. Specialist said the condition is under control and no treatment required at the moment. Just to monitor progress. Meanwhile, patient will continue WMQ treatments.

**Tumor at pituitary (3rd eye)****Brief Case Description:**

Female, 30 years old. Tumor size 0.89mm. Patient suffers from severed headache tension at the fore head, low immunity.

**Treatment Summary:**

Patient seeks WMQ as alternative therapy. Besides treatment, patient was taught several relevant WMQ techniques for pain management and relaxation.

**Result:**

After 3 sessions of WMQ treatments, patient does not experience any more severed headache. The tension at fore head is gone. Felt more energize and no more tiredness. Treatment continues.

### **Cyst the size of 7.5cm x 5.5cm**

#### **Brief Case Description:**

Female, 47 years old. Patient was asked to under go immediate surgery to remove the cyst due to the size, to prevent it to burst.

#### **Treatment Summary:**

Patient seeks WMQ as alternative therapy. After 6 sessions of treatment coupled with Relevant Wellness Qigong daily practice, the cyst reduced to 4.4cm x 3.1cm. Treatment continues for 4 more sessions and the cyst reduced to less than 1cm.

#### **Result:**

No operation is needed.

### **4<sup>th</sup> stage Colon and ovary**

#### **Brief Case Description:**

Female, 61 years old. Patient under went surgery but do not wish to do chemo. Lung shows few spots. No appetite.

#### **Treatment Summary:**

Patient seeks WMQ as alternative therapy. The CEA marker is 11.1. After 10 sessions of treatment and practice relevant WMQ Qigong exercises daily. Patient felt more energize, able to eat. Generally feel good.

#### **Result:**

Scan and test shown god result with CEA marker reduced to 1.8. Lung still shows few tiny spots. Treatment continues.